



Chelan-Douglas Health District

200 Valley Mall Parkway, East Wenatchee, WA 98802

April 1, 2020

MEDIA ADVISORY

“I Can Help” Door Hangers & Postcards

Neighbors are stepping up to help each other STAY HOME – STAY HEALTHY – STAY SAFE - especially our most vulnerable neighbors who need help the most, such as seniors and those with physical or health limitations.

Right now, the best thing we can do to protect ourselves and our community is by limiting the number of people who are out and about. That is the best way to minimize the spread and impact of COVID-19. Chelan-Douglas Health District is working with local agencies, essential businesses and other organizations to provide a volunteer service called “I Can Help.” The “I Can Help” door hangers and postcards are being distributed throughout Chelan and Douglas Counties. The effort is designed to support efforts in local neighborhoods to help people who are self-isolating in their homes.

Supporting one another, neighbor-to-neighbor, is critical through these times. The easier we can make it for people who cannot – or should not - leave their home, the more effective we will be in managing this pandemic. Many communities have already stepped up to help people with food, medication, and other household supplies. Public Health encourages you to keep an eye out for these special door hangers and postcards and help a neighbor in your community!

For more information contact: communications@cdhd.wa.gov

COVID Resources:

<https://cdhd.wa.gov/covid-19/>

<https://www.cdeoc.org/>

STAY HOME – STAY HEALTHY – STAY SAFE!